

ICEMAN Series 1 - 7K

First Name	Last Name	Age Division	Sex	Finishing Time	Pace per mile	Speed (MPH)	Time per kilometer	Speed (KPH)
Samantha	Comerford	13 to 19	Female	41:38.547	9:31	6.305	5:57	10.088
Alicia	Richardson	20 to 24	Female	51:23.769	11:45	5.109	7:20	8.174
Emily	Collins	30 to 34	Female	39:35.181	9:03	6.632	5:39	10.611
Kristina	Rexroad	30 to 34	Female	51:22.410	11:44	5.110	7:20	8.177
Jolene	Vollmer	30 to 34	Female	1:06:40.453	15:14	3.937	9:31	6.3
Drew	Kays	35 to 39	Female	40:59.069	9:22	6.405	5:51	10.248
Jennifer	Weber	35 to 39	Female	41:01.726	9:23	6.400	5:52	10.240
Rachel	Schleyhan	35 to 39	Female	43:38.083	9:58	6.016	6:14	9.626
Sarah	Deen	35 to 39	Female	57:25.638	13:07	4.572	8:12	7.315
Kevi	Jackson	40 to 44	Female	47:22.173	10:50	5.542	6:46	8.867
Kimee	Armour	40 to 44	Female	49:45.290	11:22	5.276	7:06	8.442
Lila	Dilbaitis	40 to 44	Female	51:20.787	11:44	5.114	7:20	8.182
Tressa	Hartman	40 to 44	Female					
Liesl	Smith	45 to 49	Female	35:14.240	8:03	7.450	5:02	11.921
Cynthia	Kropid	45 to 49	Female	47:22.887	10:50	5.542	6:46	8.867
Julie	Boots	50 to 54	Female	39:36.929	9:03	6.629	5:39	10.606
Melissa	Davis	50 to 54	Female	40:36.193	9:17	6.466	5:48	10.345
Joanne	Kohlbecker	50 to 54	Female	41:22.449	9:27	6.346	5:55	10.153
Judy	Bauman	50 to 54	Female	43:44.536	10:00	6.002	6:15	9.604
Barbara	Manson	55 to 59	Female	43:43.025	10:00	6.005	6:15	9.607
Kim	Russell	55 to 59	Female					
Constance	Nottingham	60 to 64	Female	41:23.127	9:28	6.343	5:55	10.149
Male								
Gabriel	Luhn	35 to 39	Male	38:09.064	8:43	6.881	5:27	11.009
Jamie	O'Neill	40 to 44	Male	34:13.011	7:49	7.672	4:53	12.275
Darren	Ward	40 to 44	Male	34:54.948	7:59	7.521	4:59	12.034
Tony	Zurkammer	40 to 44	Male	36:00.269	8:14	7.292	5:09	11.667
Tracy	Welch	40 to 44	Male	55:51.828	12:46	4.700	7:59	7.520
Todd	Davis	45 to 49	Male	38:30.924	8:48	6.818	5:30	10.909
Ranjan	Karri	45 to 49	Male	40:32.874	9:16	6.476	5:47	10.362
Mike	Comerford	45 to 49	Male	41:40.686	9:31	6.3	5:57	10.08
Steve	Washko	50 to 54	Male	33:19.832	7:37	7.879	4:46	12.606
Bill	Kramer	50 to 54	Male	46:46.758	10:41	5.613	6:41	8.981
Richard	Chaput	50 to 54	Male					
Rich	Meyerholz	55 to 59	Male	41:53.825	9:34	6.267	5:59	10.028
David	Baker	60 to 64	Male	33:55.541	7:45	7.740	4:51	12.383
David	Heaps	60 to 64	Male	39:45.230	9:05	6.604	5:41	10.566